



IMPROVE HEALTHY LIFE EXPECTANCY (HLE)



Healthy life expectancy for males is 66 years and higher (statistically significant) than the average of 63.4 for England for the period 2016-2018.



Healthy life expectancy for females is 66 years and higher (statistically significant) than the average of 63.9 for England for the period 2016-2018.



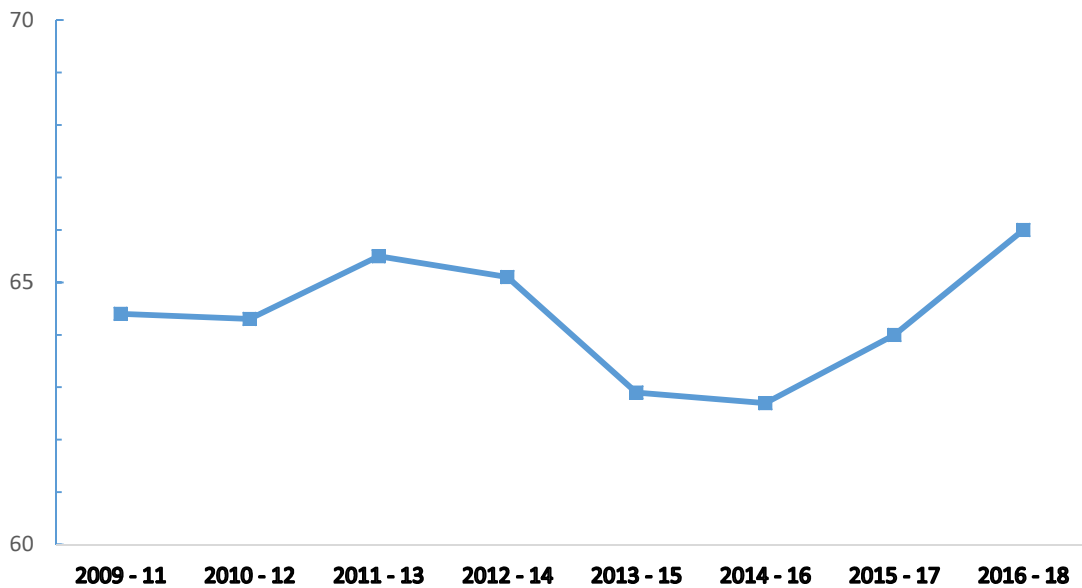
- HLE is increasing across both genders.
- HLE for males has increased from 62.9 years for the period 2013-2015 to 66 years for the period 2016-2018.
- HLE has increased from 63.2 years for the period 2013-2015 to 66 years for the period 2016-2018.
- **Our major issue on this measure has been the internal inequalities linked to deprivation, but we do not have recent data on this.**



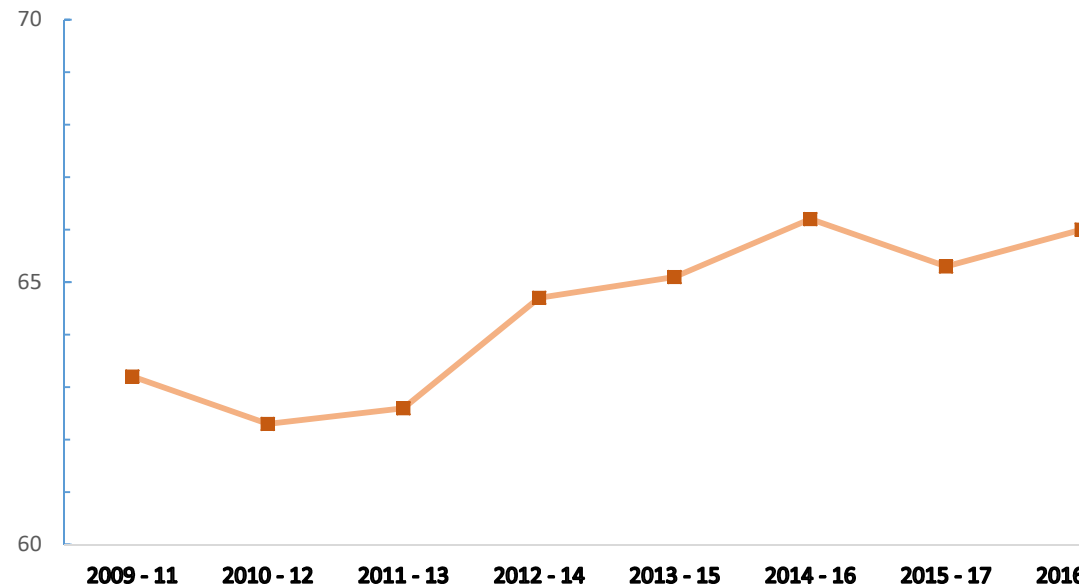
TRENDS IN HEALTH LIFE EXPECTANCY (2009/11 - 2016/2018)



Healthy Life expectancy (Male)



Healthy Life Expectancy (Female)



Source: Public Health Outcomes Framework



COMPARISON OF HEALTHY LIFE EXPECTANCY AT BIRTH (MALE) FOR TRAFFORD AND ITS STATISTICAL NEIGHBOURS (2016-2018)

Area	Value	LCI	UCI
England	63.4	63.2	63.5
Neighbours average	-	-	-
South Gloucestershire	67.3	65.6	69.1
Trafford	66.0	64.3	67.8
York	65.5	63.9	67.2
Cheshire West and Chester	65.4	62.9	68.0
Solihull	65.3	63.7	66.9
Reading	65.1	63.0	67.2
Stockport	65.0	63.2	66.7
Warrington	64.7	62.9	66.4
Swindon	63.3	61.4	65.2
Bedford	63.0	60.1	66.0
Thurrock	62.8	60.8	64.7
Milton Keynes	62.5	60.8	64.3
Peterborough	61.4	59.5	63.3
Telford and Wrekin	60.9	59.0	62.7
Darlington	60.3	58.5	62.1

Source: Public Health Outcomes Framework

Trafford has one of the highest healthy life expectancy in males (66 years) amongst its statistical neighbours for the period 2016-2018 ranking second to South Gloucestershire (67.3 years)

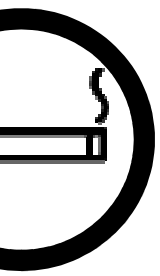


COMPARISON OF HEALTHY LIFE EXPECTANCY AT BIRTH (FEMALE) FOR TRAFFORD AND ITS STATISTICAL NEIGHBOURS (2016-2018)

Area	Value	LCI	UCI
England	63.9	63.7	64.1
Neighbours average	-	-	-
South Gloucestershire	66.5	64.6	68.4
Cheshire West and Chester	66.3	64.0	68.6
Trafford	66.0	64.1	67.9
Milton Keynes	65.5	63.6	67.3
York	65.3	63.5	67.0
Bedford	64.7	61.6	67.8
Stockport	64.7	62.9	66.5
Reading	64.4	62.1	66.7
Solihull	64.3	62.5	66.1
Warrington	64.0	61.9	66.1
Darlington	63.3	61.4	65.1
Telford and Wrekin	62.4	60.5	64.4
Swindon	61.7	59.8	63.7
Thurrock	61.2	58.6	63.7
Peterborough	59.5	57.4	61.6

Source: Public Health Outcomes Framework

Trafford has one of the highest healthy life expectancy in females (66 years) amongst its statistical neighbours for the period 2016-2018 ranking third to South Gloucestershire at 66.5 years.

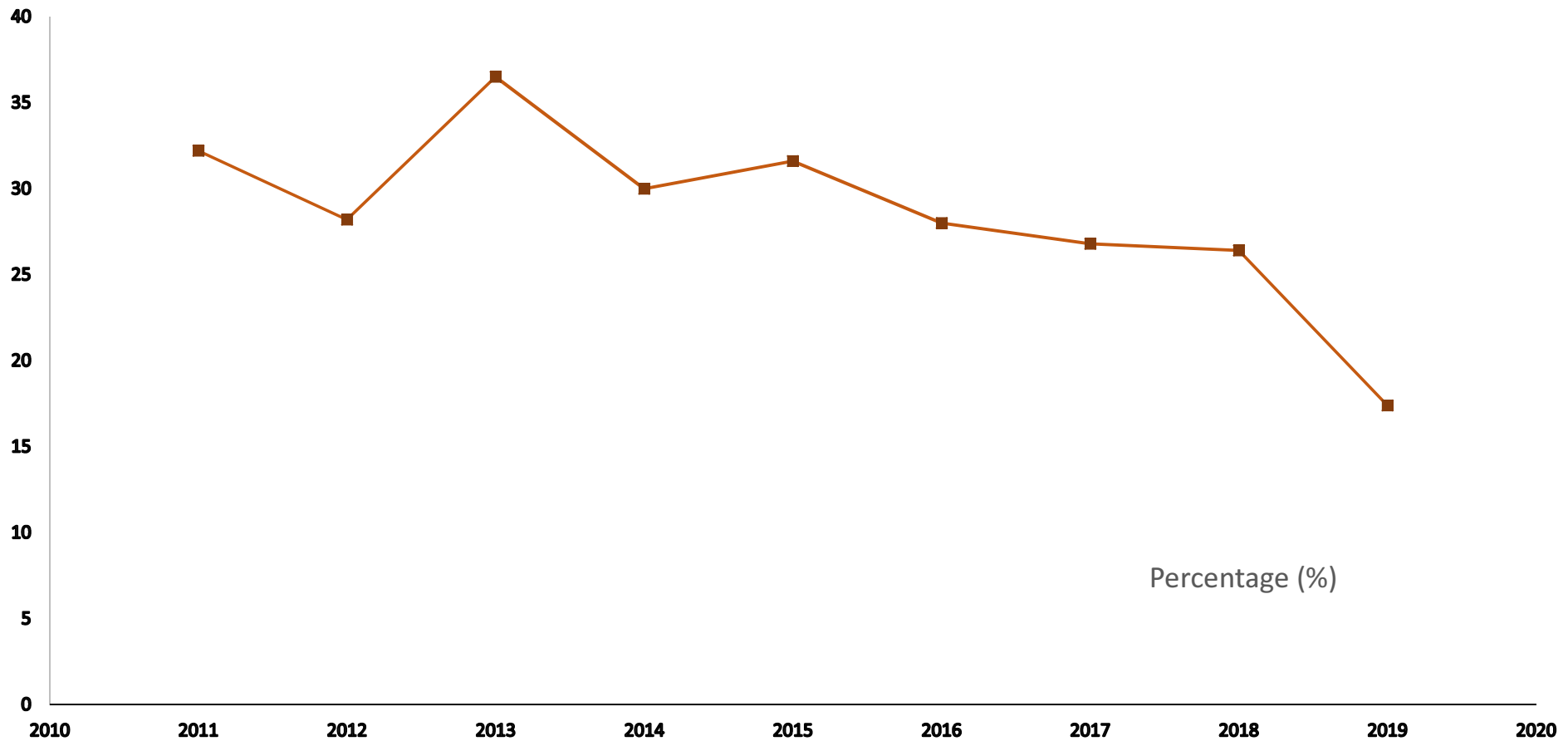


REDUCE HARM FROM TOBACCO

- Adult smoking prevalence has been declining from 16.4% in 2015 to 9.1% in 2019, lower than England average.
- Smoking prevalence in routine and manual worker has seen a sharp decline from 26.4% in 2018 to 17.4% in 2019 and is statistically similar to England as a benchmark.
- Amongst the group of similar authorities, Trafford has the lowest prevalence of smoking in routine and manual workers.



TRENDS IN SMOKING PREVALENCE IN ROUTINE AND MANUAL OCCUPATIONS (2010-2019)





REDUCE HARM FROM ALCOHOL

An estimated 28% of Trafford adults are drinking above recommended levels.

Trafford has high and increasing rates of alcohol-related hospitalisation, especially for conditions where alcohol is the sole cause.

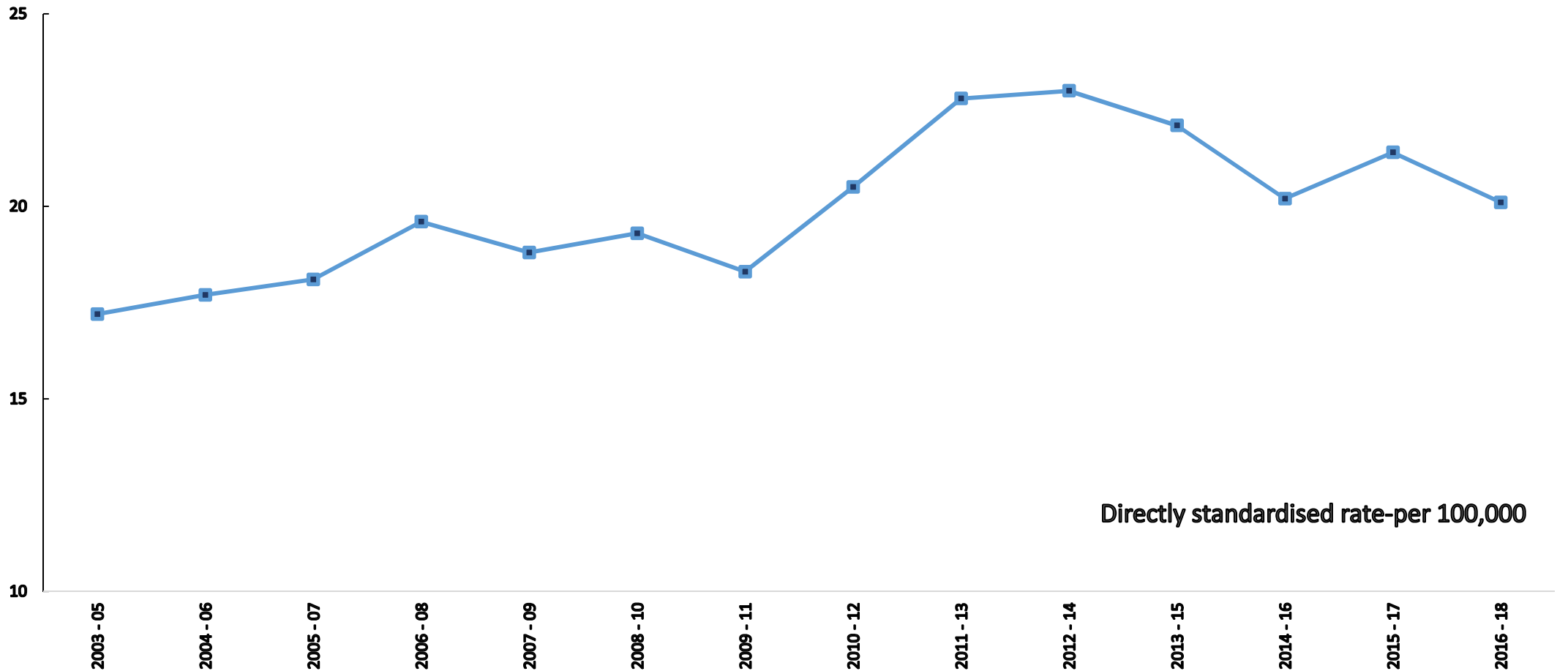
Premature mortality rates from liver disease in Trafford were worse (statistically significant) compared with England from 2013-2015.

Trafford ranked worst among a group of 15 similar authorities for premature mortality from liver disease in 2015.

During the years 2016/17/18, premature mortality from liver disease in Trafford is decreasing and is similar (statistically significant) to England



TRENDS IN PREMATURE MORTALITY FROM LIVER DISEASE (2003/05-2016/18)



Directly standardised rate-per 100,000

Source: Public Health Outcomes Framework



REDUCE PHYSICAL INACTIVITY

Around 3 out of every five (64%) Trafford adults are overweight or obese.

Prevalence of overweight (including obesity) in reception is 19.9 % and is lower (statistically significant) than 24.4% in England

Prevalence of overweight (including obesity) in Year 6 is 31.6 % and is lower (statistically significant) than 35.9% in England.

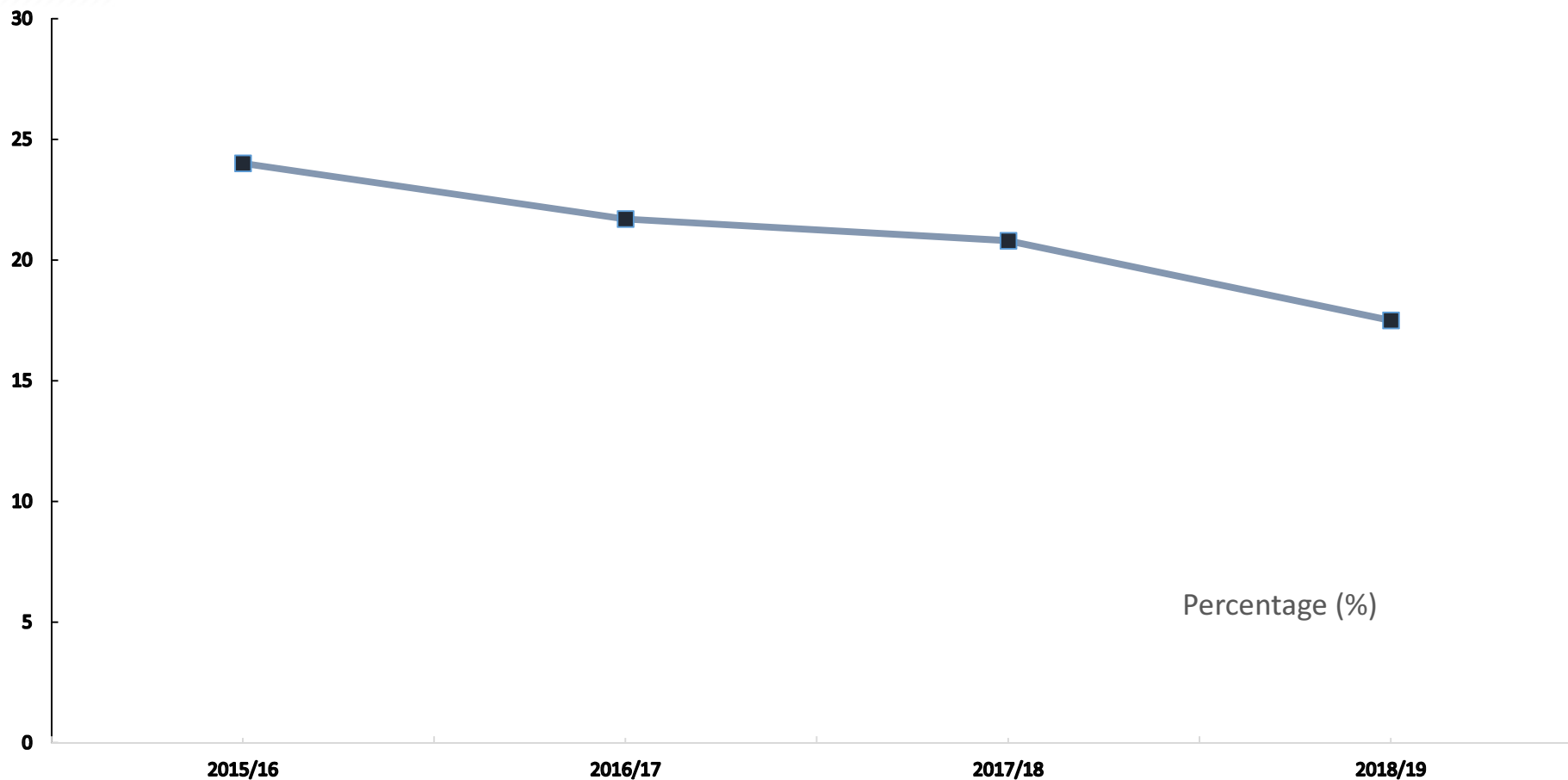
Trafford ranks amongst the best for low prevalence of overweight (including obesity) amongst its statistical neighbours.

In 2018/2019, 19% of adults in Trafford were found to be physically inactive and was statistically similar to England as a benchmark.

The levels of physical inactivity has been declining from the year 2015/16 to present.



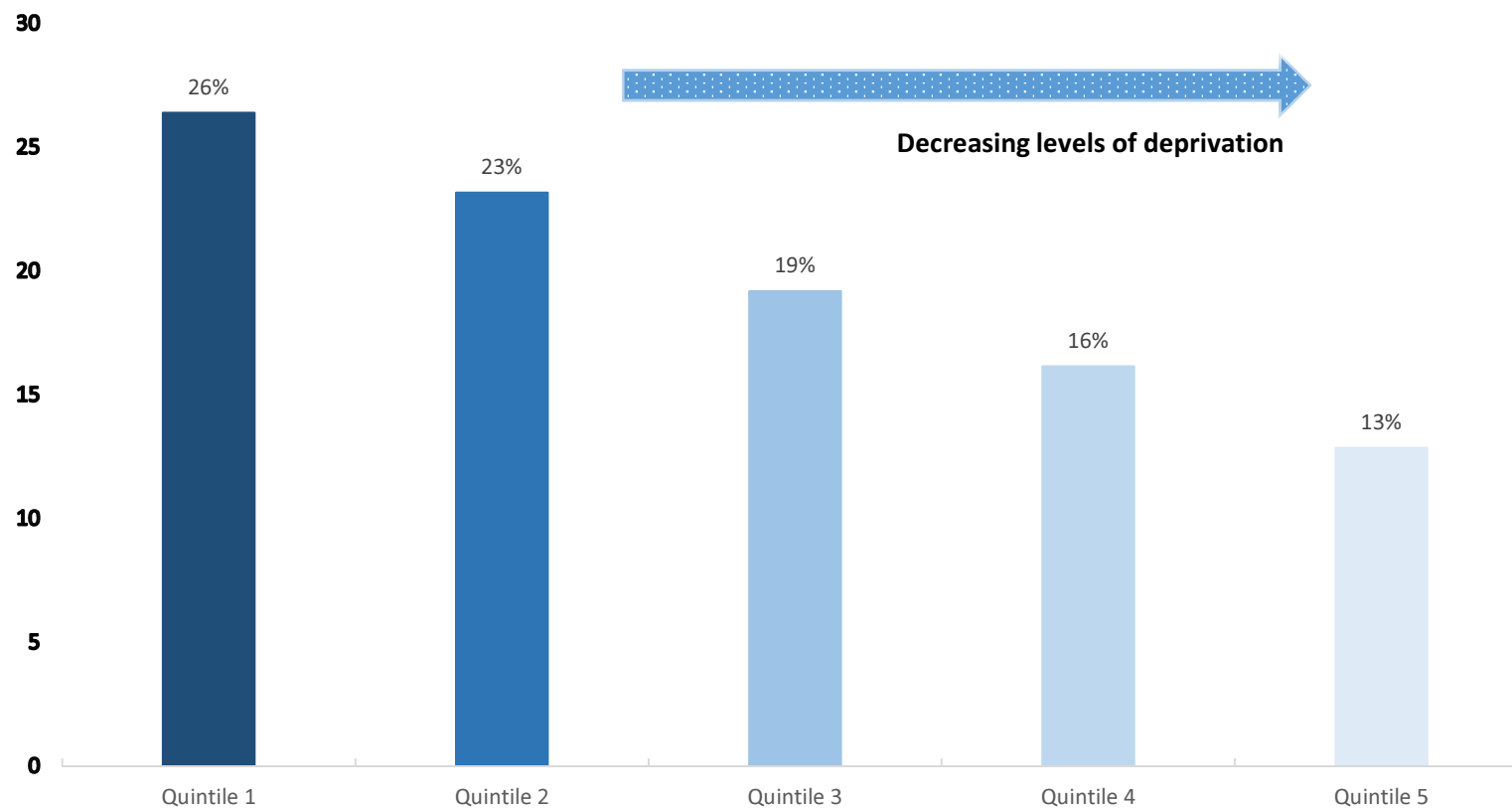
TRENDS IN PERCENTAGE OF PHYSICALLY INACTIVE ADULTS (2015/16-2018/19)



Percentage (%)



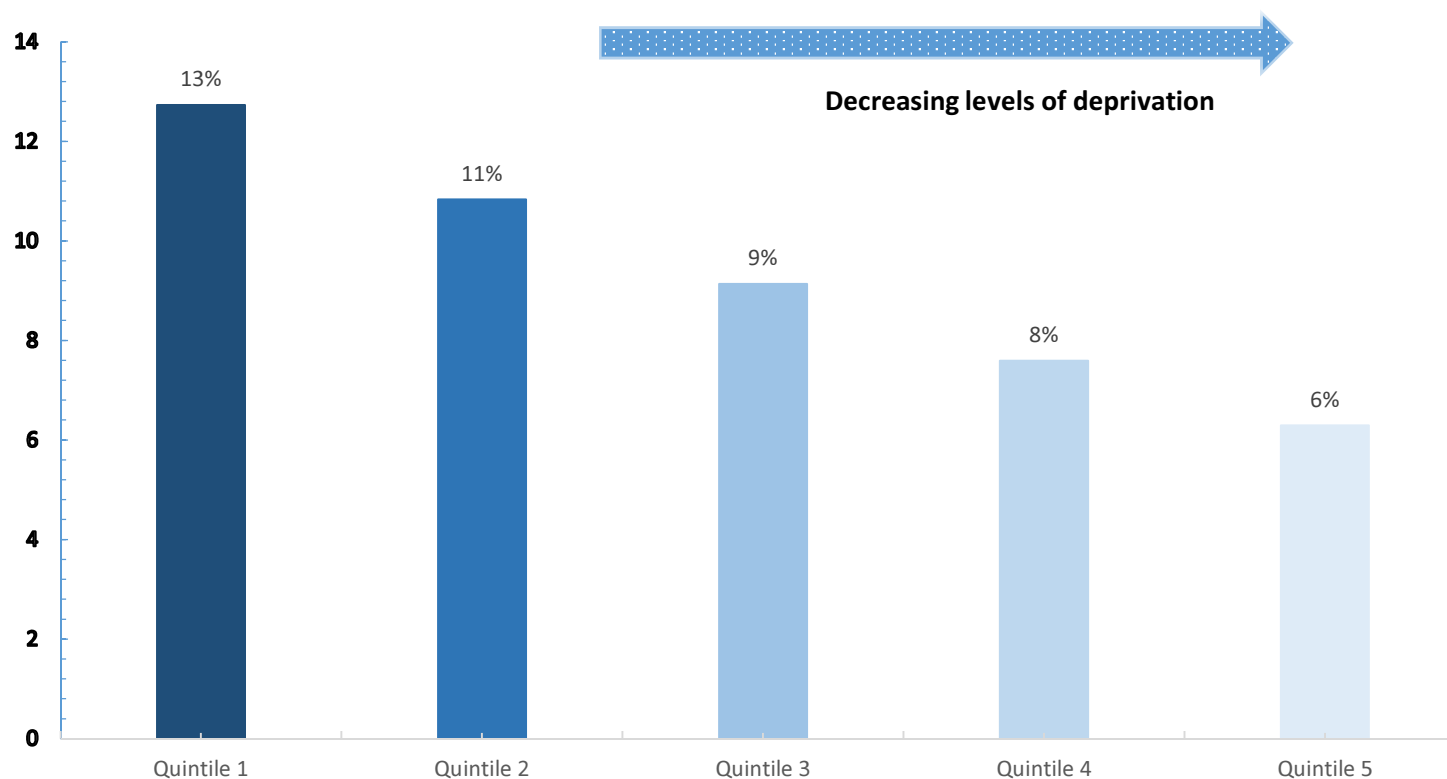
OBESITY PREVALENCE AMONGST YEAR 6 CHILDREN IN TRAFFORD ACROSS DEPRIVATION QUINTILES (2016-2018)



Prevalence of obesity in year 6 school children in the most deprived quintile is twice (26%) compared with year 6 school children (13%) in the least deprived quintile



OBESITY PREVALENCE AMONGST RECEPTION CHILDREN IN TRAFFORD ACROSS DEPRIVATION QUINTILES (2016-2018)



Prevalence of obesity in reception school children in the most deprived quintile is twice (13%) compared with reception school children (6%) in the least deprived quintile

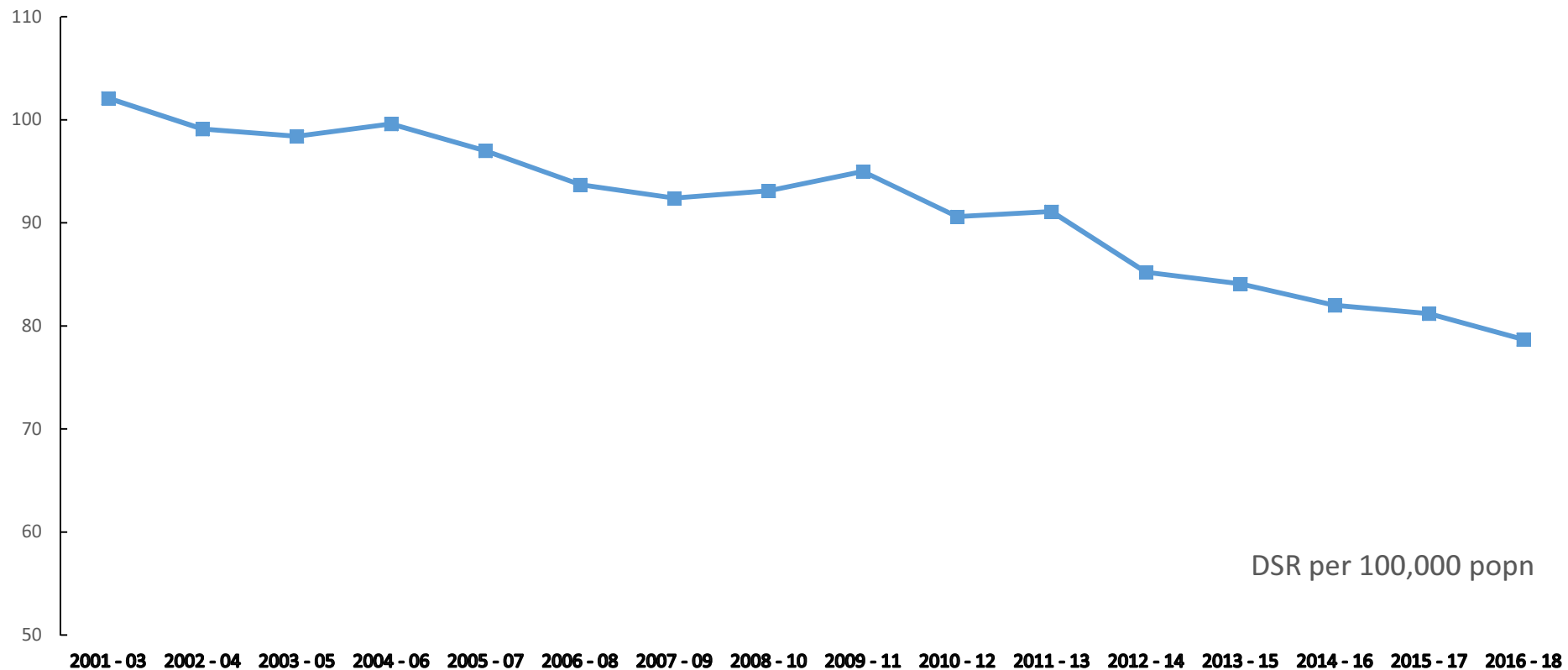


IMPROVE CANCER PREVENTION & SCREENING

- 54.4% of cancers were detected at an early stage in Trafford in the year 2017.
- Trafford is amongst the best in its statistical neighbours for cervical screening for 25-49 year olds (74.7%) and for women 50-64 years of age (78.7%) in 2019. The coverage for cervical cancer screening across both age groups are better compared with England.
- Premature mortality rate from preventable cancers in Trafford has been declining over the last decade and is 78.7 per 100,000 population in 2018, statistically similar to England (76.3 per 100,000).



TRENDS IN PREMATURE MORTALITY FROM PREVENTABLE CANCERS (2001/03-2016/18)



Source: Public Health Outcomes Framework

COMPARISON OF CERVICAL SCREENING COVERAGE (25-49 YEARS OF AGE) FOR TRAFFORD AND ITS STATISTICAL NEIGHBOURS (2019)

Area	Trend	Value	LCI	UCI
England	↓	69.8*	69.8	69.8
Neighbours average	-	-	-	-
South Gloucestershire	→	77.5	77.2	77.9
Stockport	↑	76.7	76.3	77.0
Darlington	→	75.6	75.0	76.2
Warrington	→	75.1	74.6	75.5
Trafford	↑	74.7	74.3	75.1
Cheshire West and Chester	→	74.7	74.3	75.0
Telford and Wrekin	→	72.6	72.1	73.1
Solihull	↓	72.5	72.0	72.9
Thurrock	→	70.9	70.5	71.4
Milton Keynes	↓	69.8	69.4	70.2
Swindon	↓	69.4	68.9	69.8
York	↓	69.2	68.7	69.7
Bedford	↓	69.2	68.7	69.7
Peterborough	↓	66.8	66.4	67.3
Reading	↓	61.8	61.3	62.2

Source: Public Health Outcomes Framework

Trafford ranks fifth (74.7%) amongst its neighbours for cervical screening coverage (25-49 years of age) amongst its statistical neighbours (2019). South Gloucestershire has the highest coverage at 77.5%. Trend data suggests that the screening coverage is increasing.

COMPARISON OF CERVICAL SCREENING COVERAGE (50-64 YEARS OF AGE) FOR TRAFFORD AND ITS STATISTICAL NEIGHBOURS (2019)

Area	Trend	Value	LCI	UCI
England	↓	76.2*	76.2	76.3
Neighbours average	-	-	-	-
South Gloucestershire	↓	80.1	79.6	80.6
Trafford	→	78.7	78.1	79.2
Stockport	→	78.3	77.8	78.7
Cheshire West and Chester	↓	77.6	77.2	78.0
Solihull	↓	77.4	76.8	77.9
Warrington	↓	76.8	76.2	77.4
Darlington	↓	76.7	75.8	77.5
Thurrock	→	76.3	75.5	77.0
York	↓	75.9	75.3	76.6
Telford and Wrekin	↓	75.9	75.3	76.6
Milton Keynes	↓	75.7	75.1	76.2
Bedford	↓	75.6	74.9	76.2
Swindon	↓	74.6	74.0	75.2
Peterborough	↓	74.3	73.7	75.0
Reading	↓	73.9	73.1	74.6

Source: Public Health Outcomes Framework

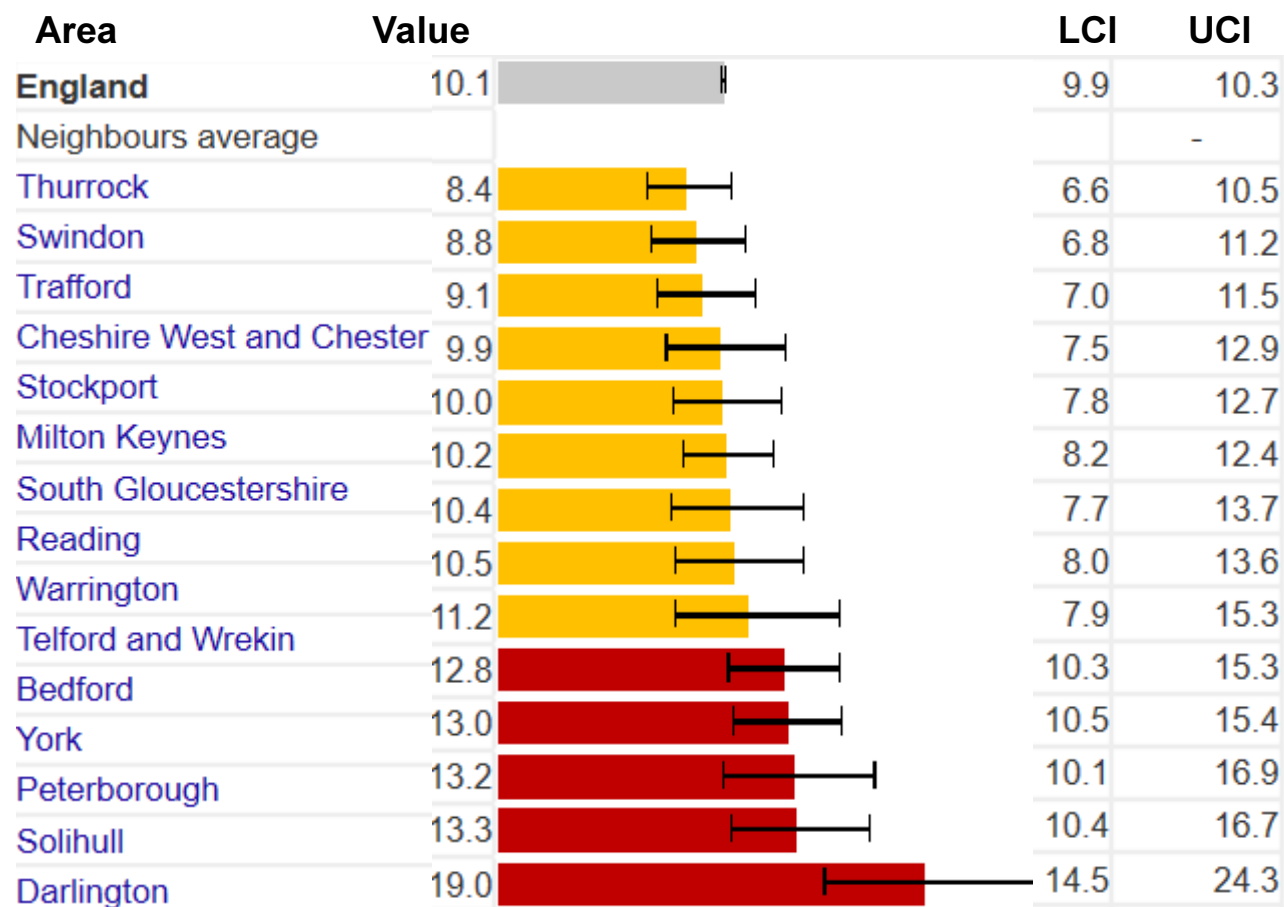
Trafford has one of the highest cervical screening coverage (50-64 years of age) amongst its statistical neighbours for the year 2019 ranking second to South Gloucestershire at 80.1%. Trend data suggests no significant change from previous period.



IMPROVE MENTAL HEALTH & REDUCE THE IMPACT OF MENTAL ILLNESS

- The suicide rate in Trafford is significantly lower (8.1) than England (10.1)
- Adults in Trafford with a serious mental illness are nearly five times more likely to die prematurely than the general population of England (2014-2015)
- The percentage point gap in the employment rate for those in contact with secondary mental health services and the overall employment rate has reduced from 71% in 2015-2016 to 67.7% in 2017-2018.

COMPARISON OF SUICIDE RATES FOR TRAFFORD AND ITS STATISTICAL NEIGHBOURS (2017-2019)



Source: Public Health Outcomes Framework

Trafford has one of the lowest rates of suicide (9.1) amongst its statistical neighbours for the period 2017- 2019 ranking 4th with Thurrock ranking 1st (8.4).